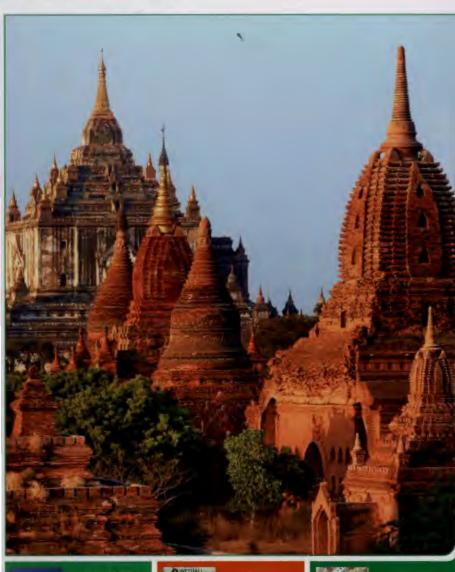


EYEWITNESS TRAVEL

MYANMAR (BURMA)





LONDON, NEW YORK,
MELBOURNE, MUNICH AND DELHI
www.dk.com

Produced by Bigmetalfish Design Services Project Manager and Designer Sunita Gahir Project Editor Ankita Awasthi Tröger

Author David Abram
Photographer James Tye
Illustrators Peter Bull Art Studio, Arun Pottirayil

For Dorling Kindersley Ltd
Publishing Director Georgina Dee
Publisher Vivien Antwi
List Manager Kate Berens
Executive Editor Michelle Crane
Senior Cartographic Editor Casper Morris
Cartography Manager Suresh Kumar
Senior Cartographer Subhashree Bharti
Cartographer Reetu Pandey
Senior DTP Designer Jason Little
Senior Picture Researcher Ellen Root
Production Controller Charlotte Cade

Printed and bound by Vivar Printing Sdn Bhd

First published in Great Britain in 2014 by Dorling Kindersley Limited 80 Strand, London WC2R ORL

Copyright © 2014 Dorling Kindersley Limited, London A Penguin Random House Company

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior written permission of the copyright owner.

A CIP catalogue record is available from the British Library.

ISBN 978 1 40934 055 3

Floors are referred to throughout in accordance with American usage; ie the "first floor" is at ground level.

DS 524.3 A26 2014



The information in this DK Eyewitness Travel Guide is checked regularly.

Every effort has been made to ensure that this book is as up-to-date as possible at the time of going to press. Some details, however, such as telephone numbers, opening hours, prices, gallery hanging arrangements and travel information are liable to change. The publishers cannot accept responsibility for any consequences arising from the use of this book, nor for any material on third party websites, and cannot guarantee that any website address in this book will be a suitable source of travel information. We value the views and suggestions of our readers very highly. Please write to: Publisher, DK Eyewitness Travel Guides, Dorling Kindersley, 80 Strand, London, WC2R ORL, UK, or email: travelguides@dk.com.

Front cover main image: Pagodas of Old Bagan in front of the great Thatbyinnyu Temple

Distinctive leg-rowing Intha fishermen of Inle Lake, Eastern Myanmar

Contents

How to Use this Guide 6



The colossal standing Buddha of Bodhi Tataung, near Mandalay

Introducing Myanmar

Discovering Myanmar 10

Putting Myanmar on the Map 16

A Portrait of Myanmar 18

Myanmar Through the Year 44

The History of Myanmar 48



A traditional Burmese dance performance at Yangon's Karaweik Palace



Monks in a long-tailed boat being rowed past the Nga Phe Kyaung monastery on Inle lake, Eastern Myanmar

Myanmar Area by Area

Myanmar at a Glance 62

Yangon 64

Bago Region 88

Western Myanmar 100

Bagan Archeological Zone 116

Mandalay Region 138

Eastern Myanmar 162

Northern Myanmar 178

Southeastern Myanmar 186



Mandalay's Mahamuni Buddha, one of Myanmar's most venerated Buddha statues

Travelers' Needs

Where to Stay 198

Where to Eat and Drink 206

> Shopping in Myanmar 216

Entertainment in Myanmar 220

Sports and Outdoor Activities 222

Survival Guide

Practical Information 226

General Index 242

Acknowledgments 253

Phrase Book 254



The clear turquoise waters of the pristine Ngapali beach, Western Myanmar





EYEWITNESS TRAVEI

Create your own itineraries at DKTripPlanner.com

PACKED WITH PHOTOGRAPHS, ILLUSTRATIONS AND MAPS

THE FLAVOURS OF MYANMAR --LOCAL PRODUCE AND CLASSIC DISHES

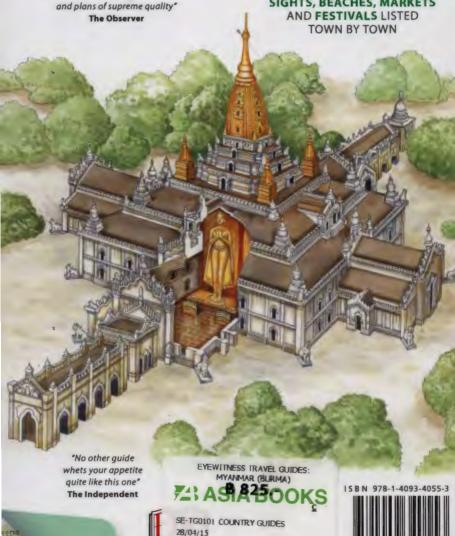
"A pleasurable read with

ravishing photography plus maps

CUTAWAYS OF ALL THE MAJOR SIGHTS

TAILOR-MADE **ITINERARIES** TO HELP YOU MAKE THE MOST OF YOUR STAY

HUGE SELECTION OF HOTELS
AND RESTAURANTS
SIGHTS, BEACHES, MARKETS



MYANMAR/0/F

9781409340553

THE GUIDES THAT SHOW YOU